



Our Harbour
rocler.qc.ca

NETWORK NEWS

GROWING OUR COMMUNITY THROUGH SHARED LEARNING •
FAIRE CROÎTRE LA COMMUNAUTÉ EN PARTAGEANT NOS CONNAISSANCES

Issue 1, Fall 2006

L'Abri en Ville is excited to launch a new tool to help increase communication between the expanding network connected through the dissemination project. Nous espérons que cette lettre permettra à la communauté d'échanger des idées, de partager de l'information, et tout simplement, à garder contact. Please feel free to forward this to anyone who you think might be interested. We welcome any suggestions or comments you might have, as well as any contributions you might like to make to the next edition.

• NEWS FROM NETWORK MEMBERS •

TORONTO...

The Toronto group held their first meeting after the summer break on September 11th, 2006. They have finished their preliminary research and are hoping to form working committees at their next meeting on October 11th. This meeting will be held at Timothy Eaton Memorial Church, 230 St. Clair Avenue West at 7:30 pm. Interested people can contact Jack Kugelmass at (416) 787-3384; jkugelmass@gmail.com

OUR HARBOUR...

Our Harbour opened their third apartment in July. They have welcomed some wonderful new volunteers and residents and recently celebrated at their first-ever picnic. Lots of great food and good friends ensured a fun-filled day for the whole Our Harbour community! More recently, they held their Annual General Meeting on September 18th. Our Harbour is still looking for volunteers in St. Lambert. Our Harbour's coordinator, Perveen Khokhar, can be reached at (450) 671-9160; ourharbour@ourharbour.rocler.qc.ca

LES TOITS D'EMILE...

Malgré la tristesse suite au départ de sa coordonnatrice, Josée Gosselin, Les toits d'Émile se réjouit de l'arrivée de Valérie Williston. Aussi, les toits d'Émile compte désormais sur la participation d'un nouveau bénévole. En août, ils furent conviés à une épluchette de blé d'Inde. Cet événement a permis à tous les bénévoles de faire connaissance avec les nouveaux venus dans la famille des toits d'Émile! En juillet dernier, Les toits d'Émile a reçu la bonne nouvelle de

l'Agence de santé et de services sociaux de la Montérégie qu'une subvention récurrente de 10 000\$ leur était accordée dans le cadre du Programme de soutien aux organismes communautaires. Pour l'année 2006-07, l'organisme a reçu 5 000\$ qui sera augmenté à 10 000\$ pour l'année 2007-08. Aussi, ils viennent d'apprendre qu'un montant supplémentaire de 600\$ sera attribué aux Toits d'Émile pour l'année 2006-2007 à même le budget du programme Support à l'action bénévole de Jean-Marc Fournier. Leurs efforts pour la reconnaissance de l'organisme par leur milieu ont porté fruit. Vous pouvez rejoindre Valérie au (450) 699-1562; emileorganisme@yahoo.ca

L'ABRI EN VILLE ...

It was a busy summer at L'Abri en Ville. AD coordinator Maureen Ramsay retired in the spring after 14 years with L'Abri en Ville and Bridget Glassco was welcomed as her replacement. Residents and volunteers at L'Abri enjoyed several summer activities including the much-loved annual visits to volunteers' country houses in Vermont and Bromont. The annual September weekend at Camp Kinkora was a great success. Some highlights included art workshops, nature walks and turkey dinner! Most recently, the residents participated in a card-folding afternoon at the L'Abri office, preparing for the annual Christmas card sales that will fund their activities and outings in the New Year. L'Abri coordinators Beverly Kerr, Marianne Metrakos, and Loraine Jacmain can be reached at (514) 932-2199; info@labrienville.org

• NEW NETWORK HORIZONS •

OTTAWA...

L'Abri en Ville's AD committee began outreach this summer to Ottawa as the next site for a project modelled on L'Abri en Ville. We would very much appreciate hearing about any personal or professional contacts you might have in the Ottawa region that you think would be interested in participating in this project. They might have an interest either because of their connection to a faith community, their professional work, or because of a personal connection with mental illness. Please contact Bridget at the L'Abri office with any ideas you might have: (514) 932-2199; ensemble@labrienville.org

• NEWS FOR THE NETWORK •

Fall 2006 Network & Learning Workshop

The 2nd annual **Fall Network & Learning Workshop** will take place from 9:30 am to 4:00 pm on Saturday, November 18th, 2006 at Mountain Side United Church, 687 Roslyn Ave. We are now calling on interested members of the network to come together and help organize the day. If you are interested in participating on the organizing committee, or simply have suggestions for themes you would like to see covered, please contact Bridget at (514) 932-2199; ensemble@labrienville.org

Upcoming Events in the Community

Larry Davidson, author of the *Living Outside Mental Illness: Qualitative Studies of Recovery In Schizophrenia* will be the guest speaker at the Low-Beer Memorial Lecture "**Re-inventing Mental Illness: The Revolution that Promises to Change Everything**", September 28, 7:00 pm at the Oscar Peterson Concert Hall, 7141 Sherbrooke St. W.

The Douglas Hospital is holding a lunch-time lecture through its Continuing Medical Education Program entitled “**Antecedents and the Early Course of Bipolar Disorder in High Risk Offspring**” from 11:45-1:00 pm on September 28, 2006. Call Suzanne Dombrowski at (514) 761-6131 ext. 2768 for further information.

Also on September 28th, The AQRP (Association Québécoise pour la réadaptation psychosociale), in conjunction with AMI-Québec, is holding a conference entitled “**Recovery and Clinical Practice**” at the Omni Hotel in Montreal. The cost for representatives of community organizations is \$90 for members of AQRP or AMI-Québec and \$100 for non-members. The cost for persons using mental health services is \$20. Call (418) 892-4004 or email aqrp@qc.aira.com

Santé Mentale Montréal présente leur **Rendez-vous 2006** : Journée d'information et de ressourcement pour les familles touchées par la maladie mentale ainsi que les intervenants du réseau de la santé. Le colloque aura lieu le 14 octobre de 9h30 à 15h à l'Hôtel relais Gouverneur en Saint-Jean-sur-Richelieu (transport en autobus disponible à partir de Châteauguay). Téléphoner au (450) 699-7059 ou au 1-866-699-7059. Courriel : info@laccoladechateauguay.org

The Douglas Hospital is offering its annual **Mini-Psych School** from October 18 to November 22. Lectures take place on Wednesday evenings from 7 to 9 pm and cover many different topics in the area of mental illness. The price for the lecture series is \$50 for adults and \$30 for students and seniors. Contact the Mini-Psych School coordinators at (514) 761-2717; mini.psych@douglas.mcgill.ca

William J. MacPhee, founder and publisher of Schizophrenia Digest, will be speaking at the first of AMI-Québec's three speaker evenings, Monday, October 23rd at 7:30 pm. His talk, entitled “**Living with Mental Illness**” will take place at 4333 Côte Ste-Catherine Rd. The details are available on the AMI-Québec website: www.amiquebec.org

IMPORTANT NETWORK DATES •

November 18, 2006: 2nd Annual Network & Learning Workshop